# Training Information

## Ambu \* SmartMan Concentration on Skills

#### TIPS FOR TEACHING **VENTILATIONS** IN GUIDELINES 2010

#### People with a duty to act must perform ventilations

Knowing how to perform a ventilation with a BVM takes skill. It also takes longer to master this skill than learning compressions. Once you know how to perform ventilations to a high standard, accuracy declines in a month or two.

SmartMan has developed the most advanced training activities currently available. Each Activity is designed to make it quick and easy for you to perfect your CPR skills.

GUIDELINES 2010

Correct Squeeze of BVM

Slower Inspirations

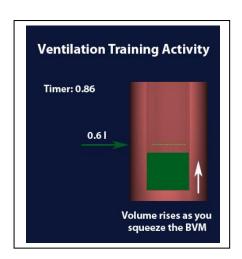
Full Release of Baq

#### **Master Rate of Inspiration**

See It As You Do It

**VOLUME** See the volume as air goes into the lungs **TIMER** See the time you are squeezing the bag

Squeeze the BVM evenly and slowly Deliver 500ml to 700ml in 1 second.

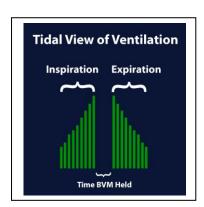


### **Tidal Value of Ventilations Master Release of the BVM**

Close Up Tidal View.

**REAL TIME** tidal inspiration and exhalation as you perform with the BVM.

**SEE THE GAP** for how long you held the bag at the end of giving the breath.



SmartMan is pioneering ways to improve training.



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